



Redefining Care

Princeton House Behavioral Health (PHBH), a unit of Princeton HealthCare System, offers a full continuum of innovative behavioral healthcare treatment and programs.

For further information
or an ECT evaluation,
please call

609.613.4780

We also encourage you to review the frequently asked questions on our website www.princetonhouse.org.

www.princetonhouse.org

Princeton House Behavioral Health
ECT Suite

609.613.4780

Princeton
1000 HERRONTOWN RD.
PRINCETON, NJ 08540

Most insurance plans accepted, including Medicaid and Medicare. University Medical Center of Princeton at Plainsboro and the clinical units of Princeton HealthCare System are accredited by The Joint Commission.

Electroconvulsive Therapy (ECT)



Princeton House
Behavioral Health
Princeton HealthCare System

PRINCETON
Inpatient | Outpatient



Electroconvulsive Therapy (ECT) has been proven to be a very safe, effective lifesaving treatment alternative for certain mental health disorders. It has become the first line of treatment for depression and bipolar disorders that are medication resistant. Patients treated with ECT have demonstrated rapid improvement when compared to medications alone.

Medical advances have improved ECT so that it has become a procedure with little or no physical discomforts. It is recognized to be safe for patients with medical issues and effective for movement issues associated with Parkinson's disease.

Advancements in the delivery of ECT have resulted in little or no short-term memory deficits. These advancements include the use of unilateral treatments and a modified, low-dose treatment method.

Indications for ECT include, but are not limited to:

- symptoms of severe sadness and despair
- difficulty concentrating
- loss of appetite
- difficulty sleeping
- suicidal thoughts
- hopelessness
- failed anti-depressant medication trials



Please ask the care coordinator for our continuum guide and sites and services listing, providing a comprehensive

overview of our wide range of inpatient, partial hospital, and intensive outpatient programs.

ECT treatment is delivered on an inpatient and outpatient basis. Family or friend transportation is necessary for outpatient treatment.

Each patient's care includes:

- Evaluation under the direction of an experienced, board certified psychiatrist with specialized training in ECT
- A care coordinator to guide and support the patient and family before, during, and after the procedure
- Individualized inpatient or outpatient treatment options, based on psychiatric status and general medical conditions
- Patient education and access to educational resources for patients and family members prior to treatment, involving:
 - books and periodicals
 - take-home educational materials
- ECT treatment administered by a highly trained multidisciplinary team of psychiatrists, anesthesiologist, and nurses with certification in advanced cardiac life support
- Continuing post-treatment follow-up and coordination after recovery from anesthesia and discharge from the ECT suite
- A full continuum of inpatient, partial hospital, and intensive outpatient programs are available at PHBH if needed

Additional service features:

- A convenient location directly across the street from PHBH's main inpatient campus and in close proximity to University Medical Center of Princeton at Plainsboro
- State-of-the-art ECT equipment and supporting technology